|  |
| --- |
| Macintosh HD:Users:yvonnepagett:Desktop:sandwich-06.jpgNATATS CANTEEN MENU **2024** |

 E= Everyday O= Occasional V= Vegetarian H= Halal

|  |  |  |  |
| --- | --- | --- | --- |
| **Tiger sandwiches**E-VH: Veg/jam/che spread $2.50E- H: Egg $4.00E- H: Egg & lettuce $4.50E- H: Roast chicken $5.00E- H: Chicken, let & mayo $6.00O- Leg ham $5,00O- Leg ham & cheese $5.50 O- Leg ham, cheese, tomato $6.00**boxes** V E- salad box $5.00E- add chicken or ham or egg $6.00**Wraps**E-H: Roast chicken $5.00E-H: Roast chicken, lett, mayo $6.50E- Leg ham, cheese, tomato $5.50 V-E- Cheese, tomato $4.50**Burgers**E- Beef, cheese, sauce $5.00O- Chicken breast, lett, mayo $5.00O- Chicken breast, lett, peri sauce $5.50O- Chicken & cheese $5.00V-O vegetarian, lett, mayo $5.00 | **Homemades**E-Beef lasagne $5.50E-Beef spag bol $5.50E-H: Chicken lasagne $5.50E-H: Chicken spag bol $5.50E-H: Butter chicken & rice $6.00E- Nacho’s $5.00 E- mac & cheese $5.00 E- spaghetti & meatballs $5.50**Occasional foods**VH-(4) spring rolls $3.00VH- ½ garlic bread $2.00VH- full garlic bread $4.00V- Cheese pizza $6.00 V-H-pizza wrap slab $6.00 (veg/chick/meat/ham & Pineapple/cheese)H- (1) Chicken breast nugget $1.00H- Chicken tender roll $3.00H- Chicken tender wrap (lett, mayo) $6.00H- Hotdog $4.50H-Timber town sausage roll $4.50H- Timber town pie $5.00H- Mamme cup noodles $3.50 | **Cool snacks**E- Piece fruit $1.50E- Orange bag $1.50E-Mixed fruit bag $2.00E- Carrot bag $1.00E- Egg bag $1.00**Snack attack**E- ½ popcorn $0.50E- Full popcorn $1.00O- Fruit snacks $1.00O- LCM bar $1.00O- mamme noodle snacks $1.00O- CB balls or Cheese puffs $1.30O- Pringles $1.30O- Assorted chips $1.50 O- chicken jumpies $1.30**Our school canteen****Complies with the NSW****Healthy school canteen****Food & drink benchmarks** | **Drinks**E- Water $2.50E- Poppers $2.00E- Oak choc milk $3.00E- Oak straw milk $3.00E- Long life plain milk $1.50E- With flavoured straw $2.50E- Juice bomb $3.00**Ice blocks**E- Quelch stick $1.20E- TNT snap $1.50E- TNT mony $1.50E- Juice cup $1.50**Lunch pack deals are available****From your canteen also from****Munch monitor on line ordering**[**www.munchmonitor.com**](http://www.munchmonitor.com) |