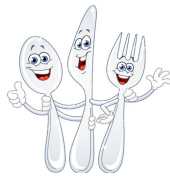




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AT



ATS CANTENEN MENU



CRUNCH & SIP \$1.80 Available Before 10am

Bottle Water & your choice of one from Cool snacks

E= Everyday

O= Occasional

V= Vegetarian

H= Halal

Tiger Sandwiches

VH: Veg/jam/cheese spread	E	\$1.50
H: Egg & lettuce or mayo	E	\$3.50
H: Tuna & lettuce or mayo	E	\$3.50
H: Roast chicken	E	\$3.50
H: Chicken, lettuce & mayo	E	\$5.00
Leg ham & cheese	E	\$4.50
VH: Salad	E	\$5.00
Add ham or chicken	E	\$5.50

Rice Paper Rolls**VH: Vegetarian**

Carrot, cucumber, celery, capsicum
Carrot, cucumber, capsicum

H: Chicken or Tuna with

carrot, cucumber OR
celery, capsicum

\$3.00 each

with your choice of
Soy, sweet chilli, sweet & sour sauce

Wrappas

VH: Salad	E	\$5.50
H: Egg & salad	E	\$5.00
H: Roast chicken	E	\$4.00
H: Roast chick, lettuce, mayo	E	\$5.50
H: Roast chicken & salad	E	\$6.00
Leg ham, cheese, tomato	E	\$5.00
Leg ham & salad	E	\$6.00
Roast chicken Caesar		
with bacon & cheese	O	\$5.50

Salad Bar

VH: Salad cup	E	\$2.50
VH: Salad box	E	\$5.00
H: Pasta salad	E	\$4.00
Add chicken, tuna or ham		\$5.00
Chicken caesar salad box	O	\$5.50
H: Egg salad box	E	\$5.50
Ham or chicken salad box	E	\$5.50
H: 3 Nuggets & salad box		\$5.50
4 Meatballs & salad box		\$5.50

Burger Bar

Cheese (beef patty T/S)	E	\$3.50
H: Chicken breast lettuce, mayo	O	\$4.50
H: Char grilled chick breast	E	\$5.00
with lettuce & mayo		
H: Chicken breast	E	\$5.00
with lettuce & mayo & peri sauce		
H: Hawaiian	E	\$5.00
with chick breast, cheese, pineapple		
H: Roast chicken & cheese	E	\$4.50
V: Vegetable burger		\$4.00

Sauce Sachet \$0.50
Tomato, BBQ, sweet & sour, soy,
mild sweet chilli

**OUR SCHOOL CANTENEN
COMPLIES WITH THE
NSW HEALTHY SCHOOL
CANTENEN FOOD AND
DRINK BENCHMARKS**

Homemade (every day)

VH: Corn cob	\$1.00
H: Chicken kebab stick	\$3.50
Mash & gravy (term 3&4)	\$4.00
Fried rice	\$4.00
Chicken fried rice	\$4.50
VH: Mac & cheese	\$4.50
V: Vegetarian lasagna	\$4.50
H: Chicken lasagna	\$4.50
H: Beef lasagna	\$4.50
H: Chicken spaghetti bol	\$4.50
Beef spaghetti bol	\$4.50
H: Curried chicken & rice	\$5.00
H: Butter chicken & rice	\$5.00
Teriyaki chicken noodle	\$5.00
V: Cheese pizza	\$5.00

Occasional Foods

VH: Oven bake wedges	\$3.00
VH: Oven bake spring rolls (4	\$2.50
VH: Garlic bread	\$3.50
Light 2x Party pies	\$3.00
H: Premium breast nugget	\$0.90
H: cup noodles	\$3.00
H: Chicken hotdog	\$4.00
H: Spinach & feta roll	\$3.00
Meatball with cheese & sauce	\$4.00
H: chicken tender wrap	\$4.00
H: Chicken kebab wrap	\$5.00
With let, tom, cheese & sauce	