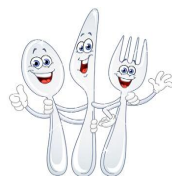




N AT



ATS CANTEEN MENU



2021

CRUNCH & SIP \$2.00 Available Before 10am **Bottle Water & your choice of one from Cool snacks**

E= Everyday

O= Occasional

V= Vegetarian

H= Halal

Tiger sandwiches

VH: Veg/jam/che spread E	\$2.00
H: Egg	\$3.50
H: Egg & lettuce or mayo E	\$4.00
H: Tuna	\$3.50
H: Tuna & lettuce or mayo E	\$4.00
H: Roast chicken E	\$4.00
H: Chicken, let & mayo E	\$5.00
Leg ham	\$4.00
Leg ham & cheese E	\$4.50
Leg ham, cheese, tomato	\$5.00
VH: Salad E	\$5.00
Ham, salad E	\$6.00
Chicken, salad	\$6.00

Rice paper rolls

VH: Vegetarian

Carrot, cucumber, celery, capsicum
Carrot, cucumber, capsicum

H: Chicken or Tuna with

Carrot, cucumber OR
Celery, Capsicum

\$3.00 each

with your choice of
Soy sauce, sweet & sour sauce

Wrappas

_VH: Salad E	\$5.50
H: Egg & salad E	\$6.00
H: Roast chicken E	\$4.50
H: Roast chick, let, mayo E	\$6.00
H: Roast chicken & salad E	\$6.50
Leg ham, cheese, tomato E	\$5.50
Leg ham & salad E	\$6.50
Roast chicken Caesar with bacon & cheese O	\$6.00

Salad Bar

VH: Salad cup E	\$3.00
VH: Salad box E	\$5.50
H: Pasta salad E	\$4.00
Chicken pasta salad	\$5.00
Chicken Caesar salad box O	\$5.50
H: Egg salad box E	\$5.50
Chicken salad box E	\$5.50
Ham salad box	\$5.50
H: 3 nuggets & salad box	\$5.50
4 meatballs & salad box	\$5.50

**Our school canteen
Complies with the NSW
Healthy school canteen
Food & drink benchmarks**

Burger Bar

Cheese, beef pattie E	\$4.00
H: Chicken breast let, mayo O	\$5.00
H: chicken breast E	\$5.00
With lettuce & mayo & peri sauce	
H: Hawaiian E	\$5.50
With chick breast, che, pineapple	
H: Roast chicken & cheese E	\$5.00
V: Vegetable burger	\$5.00

Sauce sachet

Tom, bbq, sweet & sour, soy	\$0.60
-----------------------------	--------

Occasional foods

VH: Oven bake wedge	\$3.00
VH: Oven bake spring rolls (4)	\$2.50
VH: ½ Garlic bread	\$1.80
VH: full garlic bread	\$3.50
H: Premium breast nugget (1)	\$1.00
2 pack party pies	\$3.00
H: cup noodles	\$3.00
H: Chicken hotdog	\$4.00
H: Chicken tender wrap	\$5.00
H: Spinach & feta roll	\$3.50
Sausage roll	\$3.50
Meatballs with cheese & sauce	\$4.00

Home made (every day)

VH: Corn cob	\$1.00
H: Chicken kebab stick	\$3.50
Mash & gravy	\$4.00
Chicken fried rice	\$5.00
VH: mac & cheese	\$5.00
V: Vegetarian lasagne	\$5.00
H: Chicken lasagne	\$5.00
H: Beef lasagne	\$5.00
V: Vegetarian spag bol	\$5.00
H: Chicken spag bol	\$5.00
Beef spag bol	\$5.00
H: Butter chicken & rice	\$5.00
Teriyaki chicken noodle	\$5.00
Spaghetti & meatballs	\$5.00
V: Cheese pizza	\$5.00
H: Chicken kebab wrap	\$6.00
With let, tom, cheese & sauce	
3 nuggets, mash & peas	\$5.00
3 meatballs, mash & peas	\$5.00

N AT AT'S CANTEEN MENU

2021


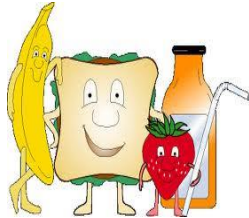

CRUNCH & SIP \$1.80 Available Before 10am **Bottle Water & your choice of one from Cool snacks**

E= Everyday

O= Occasional

V= Vegetarian

H= Halal

Cool snacks	Drinks	
<p>E: Piece fruit \$1.50 E: Fruit kebab \$1.00 E: Melon wedge \$1.00 E: Mixed fruit bag \$1.00 E: Orange bag \$1.00 E: Carrot bag \$1.00 E: Egg bag \$1.00 E: Custard cone \$1.00 E: Fruit cone \$1.50 E: Fruit salad (Term 1& 4) \$4.00</p>	<p>E: Water 600ml \$2.00 E: Popper 100% \$1.60 E: Berri poptop \$2.00 E: Juice bomb \$2.50 E: Chill J \$2.50 E: Plain milk \$1.50 With sippah straw \$2.50 E: Big M chocolate \$2.50 E: Big M strawberry \$2.50 E: Up & Go chocolate \$3.00</p>	<p>Lunch pack deals are available From your canteen also from Munch monitor on line ordering</p> <p>www.munchmonitor.com</p> <div style="display: flex; justify-content: space-around; align-items: center;">   </div> <p>Ice blocks</p> <p>E: TNT snaps \$1.00 E: Quelch stick \$1.00 E: Juice cup 100% \$1.00 E: TNT Mony \$1.00</p>
 <p>Snack attack</p> <p>E: Mini muffins (2) \$0.50 E: ½ bag popcorn \$0.50 E: Full bag popcorn \$1.00 O: Mamme sticks \$1.00 O: Mamme noodle \$1.00</p>	